

Announcing: Lateral Exercise Workshop!



I want to share with you my recent discoveries to help improve lateral exercises.

Those little secrets no one tells you about!! Shhhhhh!!

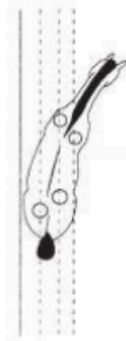
Demystify the lateral movements.

- Leg yield
 - Shoulder-in
 - Traverse
 - Half Pass
 - Full Pass
-
- ✓ Understand correct positioning.
 - ✓ Learn effective aids.
 - ✓ Even some trainer secrets!
 - ✓ Need to troubleshoot? Lets do that too!

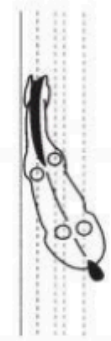
I'm proposing a 2 hour workshop exploring each of these exercises using both theory and practical.

PM your interest and we will find a date/time that works for everyone.

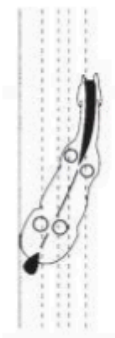
1) Shoulder in



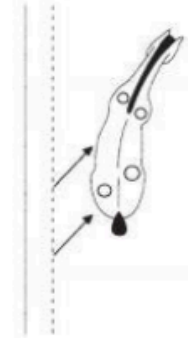
2) Travers



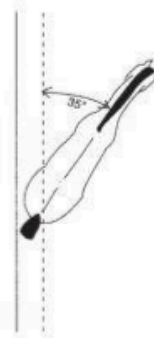
3) Renvers



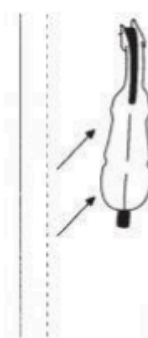
4) Half-Pass



5) Leg-yielding along the wall



6) Leg-yielding on the diagonal



What? 2 hr theory and practical workshop
Where? Jensen Sporthorses, Ogden
How? Sign up! \$70 per rider, limit 5 riders.
When? TBD

www.utahsporthorse.com